

# How to apply myPatch

## for T-electrode

### STEP 1 Prepare the skin

Remove any chest hair then clean the area with the prep pads. Allow skin to dry.

### STEP 2 Prepare the device

- Remove the electrode Patch from the pouch
- Press the myPatch recorder onto the four metal snaps on the electrode patch.
- Hold the power button down – a green light will flash for 30 secs while the device starts up

### STEP 3 Apply myPatch

Peel the plastic cover off the back of the myPatch T- electrode and locate the bottom of the sternum with one finger.

Place the bottom of the T-electrode above your finger before moving on to the top two points, placing the T-electrode so it sits in the centre of the chest. Pat firmly onto the skin to ensure there are no creases or folds.

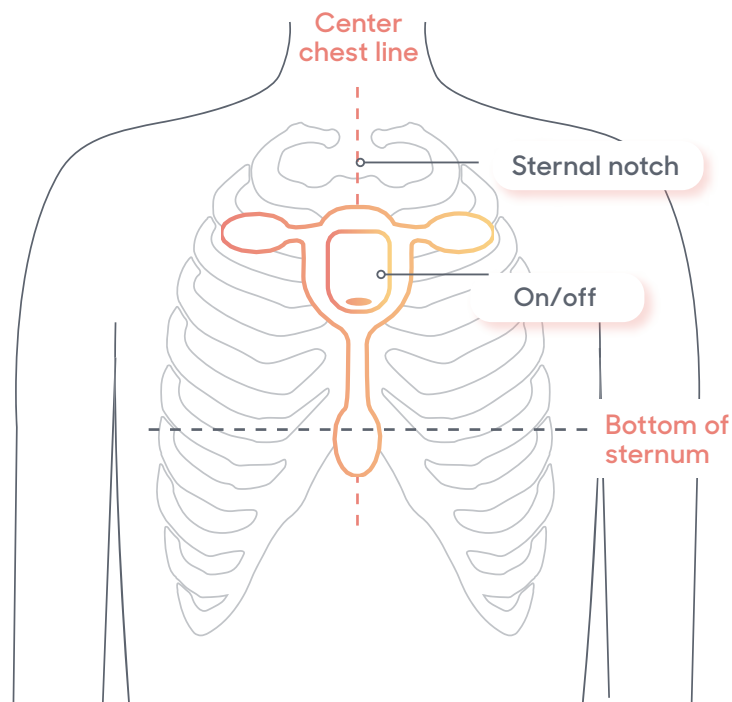
### STEP 4 Record time & date

You must now mark the time & date of your fitting on your symptom diary.

**Note** – Recording starts when flashing stops. No light will be active during the recording.

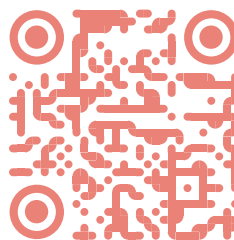
### Recording events and symptoms

Patients feeling symptoms such as dizziness or heart flutters, should double tap myPatch to mark the event. A blue light comes on briefly to indicate the event has been captured.



### Watch "Apply T- electrode adult myPatch" video

#### Use the QR code



Watch easy-to-follow video instructions by scanning the QR code (above) with your iPhone camera and clicking the link or using your preferred Android QR code reader.

#### Website

Visit [cardioscan.co/mypatch-help](https://cardioscan.co/mypatch-help)

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## Contact us

For more resources, guides, FAQs or to watch instructional videos, visit:

**cardioscan.co**

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